



# 47<sup>th</sup> Annual General Meeting

## June 18, 2014

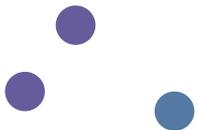


### *Our Vision:*

Children, youth and families are safe and healthy in caring and inclusive communities.

### *Our Mission:*

Strengthening children, youth and families through innovative and accessible quality services.





## Message from the President

This past year was a successful one for St Leonard's. We grew our support to children youth and families by 26% and have several projects under way that will increase opportunities for youth and families. In a time of fiscal restraint and uncertainty, St Leonard's continues to maintain a strong position in the community and a positive financial picture.

Thank you to our board and staff for their service to our community. Together we can make a difference in the lives of the people we serve.

—Dennis Yandle, *President*

### *Our Board 2013/2014*

Dennis Yandle, President

Marion Clauson, Vice President

Paulene Hall, Secretary

KP Aujlay, Treasurer

John Erickson, Member

All members of our Board of Directors are volunteers who have a keen and dedicated interest in the welfare of children, youth and families. All are actively involved in the community in addition to their work with STLEO.

A number of Board members are award winning volunteers receiving: community service awards, Burnaby Local Hero awards, Burnaby Citizen of the Year, Lions Club (highest award in Canada), Honorary Life Memberships, Queen's Jubilee Medal.

Additional Board community involvement has included:

Abbeyfield House Society

Area Commissioner Girl Guides of Canada

BC Lions Society for children  
City of Burnaby Santa Claus Parade

City of Burnaby Social Planning Committee

City of Burnaby Youth Justice Committee

Hospital Community Service

Lions Clubs

Meals on Wheels

Optimist Club

Professional Committee with BC Women's Hospital

St. Margaret's of Scotland

Sun Yat-Sen Classical Chinese Garden Society

Valley Therapeutic Association

Willingdon Church

# Executive Director's Report



An annual general meeting offers us a time for reflection. What went well? How are our services meeting with the demand? What have we learned that will help us to be our best? Here are some of our highlights:

This past year, **STLEO** was chosen by the Ministry for Children and Family Development to deliver two new emergency residential homes for youth in the Surrey Region. Historically, **STLEO** has provided similar programs throughout the Fraser Region and we are pleased to be back in the Surrey community. **STLEO** also partnered with the Burnaby School District to provide an innovative gang prevention program for youth identified as at risk of becoming criminally engaged. Through a variety of small grants, we have also provided youth with opportunities to participate in recreational and other supports that improve health and wellbeing.

This year we partnered with Science World to develop a pilot project for youth at risk. Still in development, this project will provide youth with paid internships at Science World. We also developed a relationship with the YWCA employment program to support our youth in care who are ready to seek

*Residential house  
in Surrey*



and secure employment and we partnered with the McCreary Society to define provincial research on youth homelessness.

STLEO was chosen this past year by the Home Depot Foundation to participate in their campaign to end youth homelessness. All proceeds raised at our participating Home Depot store will be donated to assist in our programs that support youth to secure stable housing, education and employment.

The SMILE program for young parents moved this past year to the Burnaby South area-a region more accessible for our clients. The program operates from a beautiful home with a backyard and play area.

STLEO continues to be regarded highly for the work we achieve in supporting vulnerable children, youth and their families. We work hard to provide flexible, accessible and high quality care for the people we serve. We value our major partner, the MCFD for their commitment to BC's most vulnerable children and youth. We learn every day from our partners and those we serve. We listen and we make changes to improve our practice.

Thank you to our long serving Board of Directors for their commitment of time and expertise to the agency. Thank you also to our wonderful staff and volunteers, as well as to our many community and government partners.

Sincerely,

Renata Aebi  
*Executive Director*

*New SMILE house*



## Our Programs and Services

### Child and Youth Access

*52 families served*

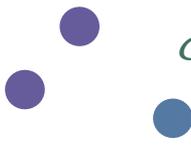
Many children struggle with issues related to their emotional, behavioral and mental health, which can cause significant distress and impair development and functioning at home, at school, and in the community. Through prevention, early identification and intervention efforts, the burden of their struggles can be reduced. The Child and Youth Access program helps children, youth and families deal with mental health issues, including behavioral, psychological, and emotional challenges. The program provides timely, appropriate and effective assistance that respects and promotes the independence and self-determination of participants.



### Family Development Program

*106 families served*

Today's families are faced with a multitude of challenges that place great demands on their resources. Strong family systems provide support for successfully meeting these demands and for encouraging the healthy emotional and physical growth of family members. We believe that strong families, which provide a support system to guide individuals through various life stages and life events, are the foundation for strong communities. Building positive, healthy interactions between family members is an important key to family preservation. The Family Development Program is designed to focus on strengthening family and individual relationships, with the objective of building healthy families.



## Our Programs and Services

### SMILE

*28 families served*

Raising a healthy child starts with a healthy pregnancy, and educating young mothers, fathers and any significant others through pregnancy and childbirth has an important positive impact on the health of the mother, and on the ongoing development of her baby. At St. Leonard's, we understand that having a baby is a life-changing experience and that everyone needs support to become a nurturing and responsible parent. That's why we started the SMILE program to help young mothers and fathers experience a healthy pregnancy and to provide them with the education and support they need to prepare for childbirth and raising their children.



### Esau House

*50 youth served*

When there is instability and change in their lives, youth need to be encouraged, supported and nurtured. Providing a stable, safe environment for youth in transition is often a key first step to establish a foundation for them to overcome obstacles and move forward in a positive way. Esau House provides a safe and caring environment and offers support, encouragement and ideas for youth who are often not involved in school or community programs. The co-ed home offers behavioural assessment and contact with professionals to help provide stability during crises and transitional periods in a youth's life



### Southside Residential Program

*12 youth served*

When there is instability and change in their lives, people need to be encouraged, supported, and nurtured. This is particularly true of girls who are not only moving through adolescence, but who may be dealing with issues including alienation from their family, and involvement in street activities. Providing a stable, safe environment for teenage girls in transition is often a key first step in establishing a foundation for them to overcome obstacles and move forward in a positive way.

## Integrated Community Youth Services (ICYS)

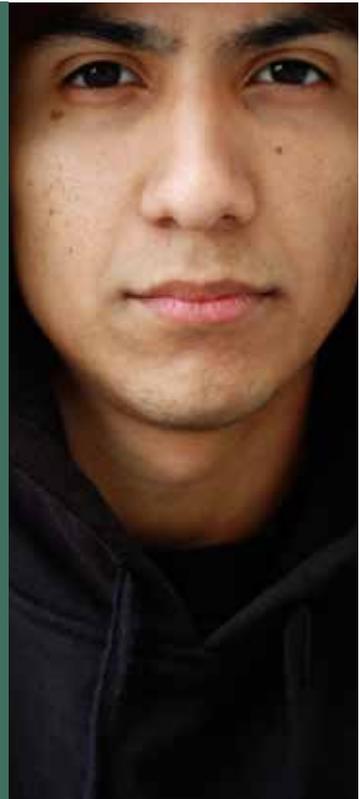
130 youth and families served

At STLEO we've learned that we can help youth realize lasting positive change in their lives by building on their strengths. We've also learned that when youth feel included and valued in their families and communities, they are more motivated to make positive choices and to live a healthy, safe, and productive life. That's why we created Integrated Community Youth Services (ICYS)—an innovative youth development initiative which aims to build a network of support for high-risk youth by establishing meaningful links, connections, and relationships between young people as individuals, their families and significant others, and the community as a whole.

Through ICYS, youth build confidence and self-esteem while learning to increase their social, interpersonal and life skills. Through ICYS, we work to build community networks and connections with social service agencies, community and business organizations.

Services offered as part of ICYS include:

- Youth mentorship opportunities to provide friendship, support and positive role modeling
- Community work service placements to provide opportunities for youth restitution
- Parental support, education, parent/teen mediation and crisis intervention to help build strength in families
- Support to transitional housing to help stabilize living arrangements for youth
- Youth development and monitoring to help build personal strength
- Community capacity development to help build a supportive community
- School program for youth to be able to continue with formal learning
- Outreach to connect with sexually exploited youth



# Statement of Financial Position

## 03/31/2014

	Current Year	Previous Year
<b>ASSETS</b>		
Total current assets	\$ 542,002	\$ 667,630
Capital assets	1,145,032	1,165,370
Investments	263,467	—
<b>TOTAL ASSETS</b>	<b>1,950,501</b>	<b>1,833,000</b>
<b>LIABILITIES AND EQUITY</b>		
Total current liabilities	\$ 252,022	\$ 135,765
Net assets (equity)	1,698,479	1,697,235
<b>TOTAL LIABILITIES &amp; EQUITY</b>	<b>1,950,501</b>	<b>1,833,000</b>

# Statement of Operations

## 12 Months Ending 3/31/2014

	Current Year	Previous Year
<b>REVENUES</b>		
MCFD	\$ 2,378,064	\$ 2,191,591
Grants	14,028	-
Rent, Investment and Other	15,578	21,179
Donations	9,165	40,446
<b>TOTAL REVENUES</b>	<b>2,416,835</b>	<b>2,253,216</b>
<b>OPERATING EXPENSES</b>		
Programs	\$ 2,077,429	\$ 1,848,493
Administration	338,162	368,393
<b>TOTAL EXPENSES</b>	<b>2,415,591</b>	<b>2,216,886</b>
<b>NET INCOME</b>	<b>\$ 1,244</b>	<b>\$ 36,330</b>

## Awards

### AI Cote Employee of the Year Award

The AI Cote Award is presented annually to an employee who best exemplifies the qualities that AI Cote has given our society to the benefit of the people with whom it is our privilege to work.

AI Cote was one of the founding members of St. Leonard's Youth and Family Services and served as a volunteer for over two decades as a member of the society, committee chairperson, and as an officer and director on the Board.



**From left to right:** Mill Walton, AI Cote Winner; Alison Grauer, Director of Youth Services; Dennis Yandle, Board President; Renata Aebi, Executive Director

AI was the kind of honest, sincere, hard working person you could truly depend on. Over the years, he had given unselfishly of his time because he cared deeply about people who are in need and believed that the work of the society could make a positive difference in their lives.

### The University of British Columbia: St. Leonard's Youth and Family Services Scholarship

A \$500 to \$1000 scholarship has been endowed by St. Leonard's Youth and Family Services. The award is offered each year to an undergraduate student entering the final year of study in Social Work. The award is made on the recommendation of the School of Social Work and Family Studies, University of British Columbia.

## A History Lesson: Isobelle Esau



Isobelle Esau was a force to be reckoned with—Tiny but mighty. Strong. Determined. Amazing. These are the words STLEO board member Marion Clauson uses to fondly remember her mother.

Isobelle was born and raised in Winnipeg, MB. She met her husband, an RAF mechanic, in 1939. Shortly after they were wed, he was stationed overseas. They moved to Scotland so they could visit while he was on leave.

Once the war was over, they moved back to Canada and settled on a fruit farm in Creston, BC. Sadly, Isobelle soon found herself widowed in 1950, with two small children to raise. With support from friends, she moved to Vancouver and put herself through UBC, earning a Masters degree in Social Work. She worked a good solid twenty year career as a social worker around the lower mainland, in order to provide for her son and daughter.

It was upon her retirement that she learned of a need for a halfway house for men coming out of prison. Not one to sit idle in retirement, and with a deep compassion for those in need in her community, Isobelle used her connections through the Anglican Church to bring a vision for a halfway house for these men to fruition. Isobelle believed in people. And she believed, with support, these men could have a second chance at a good life. And thus emerged St Leonard's Society, named after the patron saint of prisoners.

Inspired by the success of this first house, she worked to open another residence—this one for youth facing challenges. Marion remembers visiting this house with her mother and being amazed by the connection and compassion her mother had to the youth. She recounts her mother's natural ability to form trusting relationships with the people she worked to serve. Isobelle Esau passed away in 1980 and it was shortly after that this house was renamed Esau House. Today Esau House is one of many programs that STLEO provides to the community.

Today, Marion serves on the board of directors of this organization, and has intermittently for the past 30 years. It is her way of staying connected to her mother and honouring the commitment her mother made to those facing challenges in our community.

**We thank our funders for their  
support and partnership**



Ministry of Children and Family Development



St. Leonard's is accredited by CARF: The Commission on Accreditation Rehabilitation Facilities. This means that we have met CARF's rigorous guidelines for service and quality and that our services adhere to internationally recognized standards of excellence. Please visit the CARF website for more information:

[www.carf.org](http://www.carf.org)



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**St Leonard's Youth and Family Services**

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